

Pearson

BTEC

Health & Social Care AAQ Level 3 Extended Certificate

Year 12

September 2026

Do Now Activity:
Health and Social Care Careers A - Z

- A
- B
- C
- D
- E
- F
- G
- H
- I
- J
- K
- L
- M
- N
- O
- P
- Q
- R
- S
- T
- U
- V
- W
- X
- Y
- Z

Can you give a health care or social care career for each letter?

Health care careers

A

- Accident and emergency doctor
- Accountant
- Adult nurse
- Anatomical pathology technologist
- Audiologist

B

- Biomedical scientist

C

- Cardiac physiologist
- Chef
- Children's nurse
- Clinical audit assistant
- Clinical coder
- Clinical psychologist
- Clinical scientist in embryology
- Clinical technologist
- Communications - PR executive
- Community pharmacist
- Counselling psychologist

D

- Decontamination sciences technician
- Dentist (General Dental Practitioner)
- Diagnostic radiographer
- Dietitian
- Director of finance
- Director of operations
- District nurse
- Dramatherapist

E

- Electrician
- Emergency medical dispatcher
- Emergency services call handler
- Estates manager

F

- Forensic psychologist

G

- Gardener
- General practice doctor

H

- Hospital/health play specialist
- Housekeeper
- HR professional

I

- Information analyst
- IT help desk advisor
- IT support officer

L

- Laundry assistant
- Learning disability nurse

M

- Maternity support worker
- Medical laboratory assistant
- Medical physicist
- Medical records clerk
- Medical secretary
- Mental health nurse
- Midwife

N

- Network manager

O

- Occupational therapist
- Occupational therapy assistant
- Operating department practitioner
- Orthoptist

P

- Paediatrician
- Paramedic
- Pathologist
- Personal assistant
- Phlebotomist
- Podiatrist
- Porter
- Prosthetist/orthotist
- Psychiatrist
- Psychotherapist

R

- Reconstructive scientist
- Respiratory physiologist

S

- Specialist paramedic
- Speech and language therapist
- Surgeon
- Systems analyst

Social care careers

- **Activities Coordinator:** Plans and leads engaging group sessions for residents.
- **Care Assistant:** Provides direct personal care, companionship, and daily living support.
- **Domiciliary Care Worker:** Travels to client homes to help them maintain independence.
- **Occupational Therapist:** Helps individuals adapt to disabilities and regain movement or skills.
- **Personal Assistant (PA):** Offers highly tailored, one-to-one support for individuals.
- **Registered Manager:** Oversees care homes or homecare branches and handles staff.
- **Social Worker:** Assesses needs, safeguards vulnerable individuals, and coordinates care packages.
- **Support Worker:** Assists people with learning disabilities, mental health challenges, or dementia.

All about HSC AAQ

Mandatory Units:

- Unit 1: Human Lifespan and Development
- Unit 2: Human Biology and Health
- Unit 3: Principles of Health and Social Care Practice

Optional Units: (one to be selected)

- Unit 5: Promoting Health Education
- Unit 6: Safe Environments in Health and Social Care
- Unit 7: Health Science

Assessment Expectations

Unit 1: Human Lifespan Development

Learning Aims:

A: Human growth and development through the life stages

B: Factors affecting human growth and development across each life stage

C: Health and social care promotion, prevention and treatment at different life stages

Assessment Type:

- **Externally assessed written exam**
- Duration: Usually **1.5 hours**
- Format: Short and extended answer questions
- Based on real-life case studies and scenarios
- Includes questions on expected life stages, key theorists (e.g., Piaget, Bowlby), and factors influencing development

Assessment Expectations

Unit 3: Principles of Health and Social Care Practice

Learning Aims:

A: Understand the principles of health and social care practice which underpin meeting the care and support needs of individuals

B: Examine how organisations, legislation and guidance inform practice in health and social care

C: Examine how social determinants affect the health status of individuals and the importance of equality, diversity and inclusion in practice

Assessment Type:

- **Internally assessed PSA (coursework) assignment**

- The PSA is split into **3 Tasks**
- Each task is linked to a learning aim (A, B, C)
- You will be given a grade of **Pass**, **Merit** or **Distinction** for your work and usually you will have one opportunity to resubmit your work with improvements

Assessment Expectations

📓 Unit 2: Anatomy and Physiology for Health and Social Care

🎯 Learning Aims:

- A: Organisation of the human body
- B: Body systems
- C: Disorders of the body and effect on body systems

📝 Assessment Type:

- **Externally assessed written exam**
- Duration: Usually **2 hours**
- Format: Structured and extended response questions
- Application of knowledge to health scenarios
- May involve interpreting diagrams or physiological data (e.g., heart rate, BP)

Optional: Unit 5 Promoting Health Education

🎯 Learning Aims:

A Understand the purpose of health education

B Explore key issues and priorities for health and the factors that affect health and wellbeing

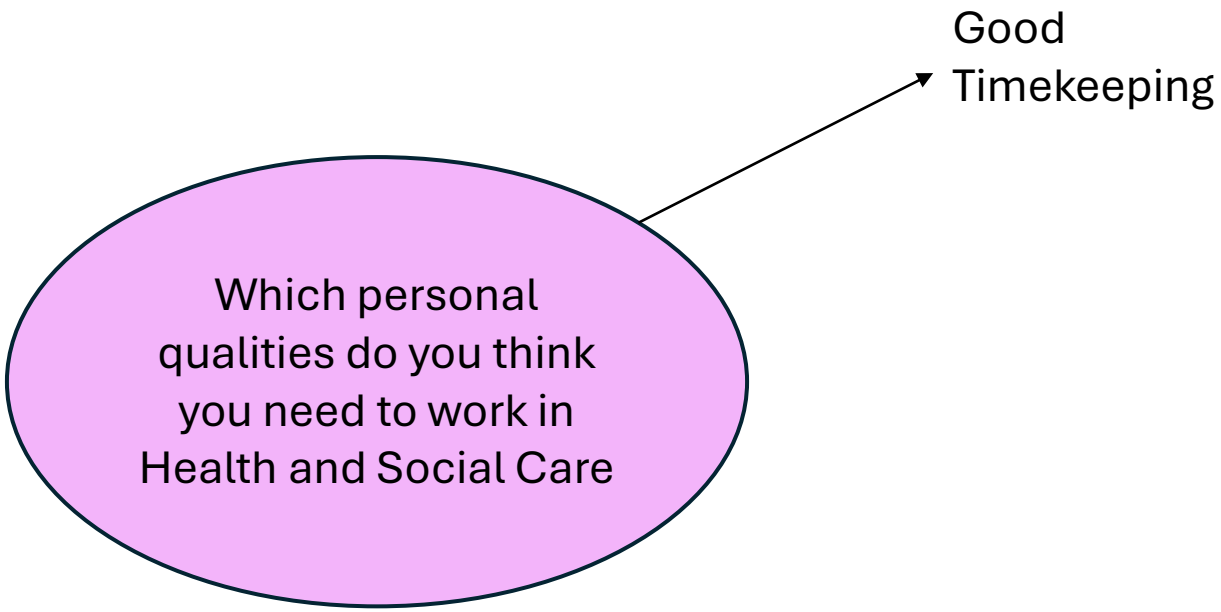
C Examine approaches to health education campaigns and their impact on health and wellbeing.

🔑 Key Aims of Health Promotion

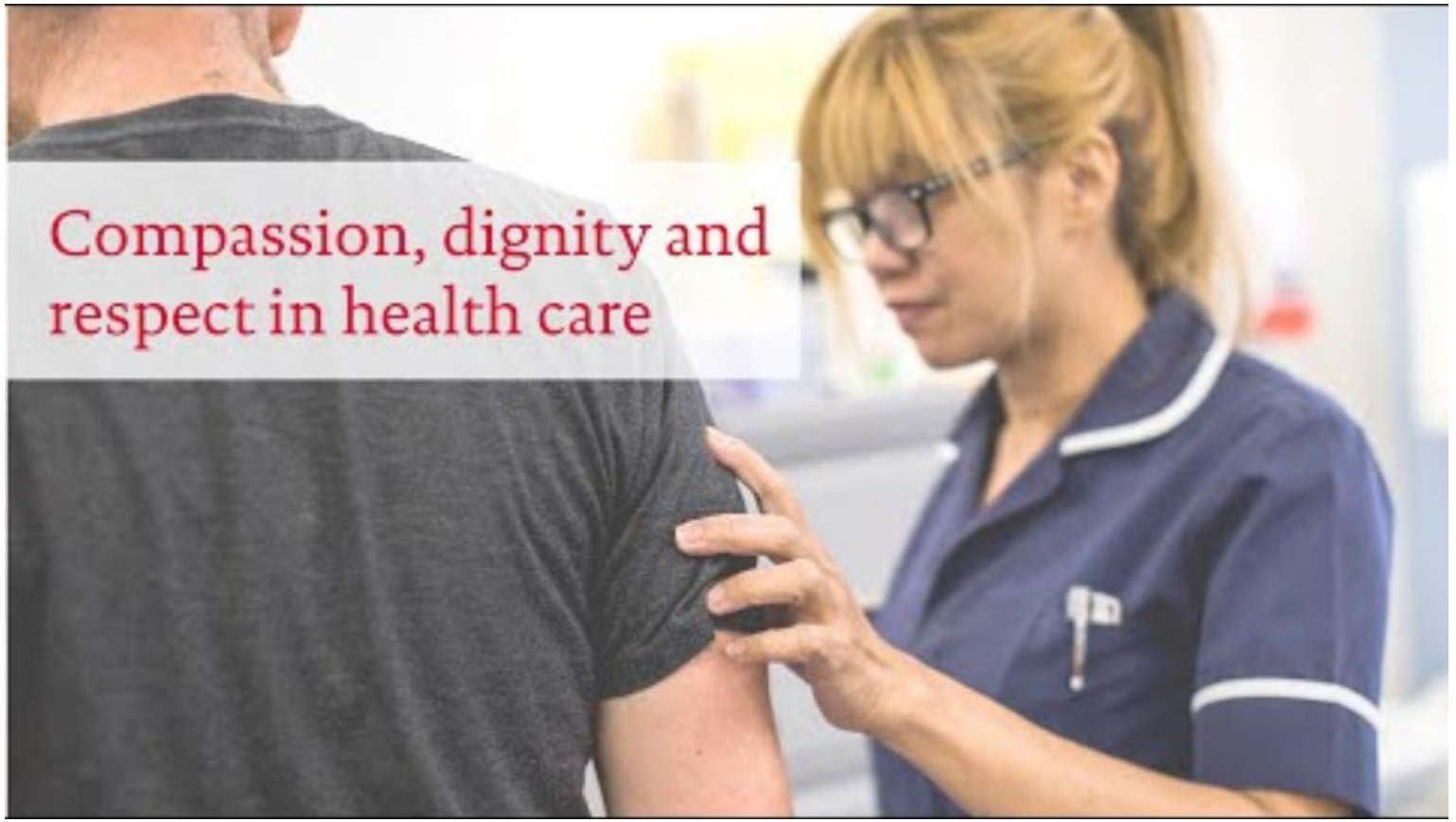
- ☑ Encourage healthy lifestyles
- 📢 Raise awareness of health issues
- 🛑 Prevent ill health & disease
- ⚖ Reduce health inequalities
- 💪 Empower individuals to take control of their health

This unit is assessed by a written piece of coursework

Personal Qualities



Skills in Action



https://www.youtube.com/watch?v=HVF0273iHus

True or False?

Colour code the statements in order to show if they are true or false.

☐ True ☐ False

A district nurse will only work with the elderly.

A palliative care nurse will get involved with everyone who gets coronavirus.

A midwife works with babies and children up to 5 years

Domiciliary carers provide care in the home.

Only phlebotomists are allowed to take blood.

Auxiliary nurses help support other nurses to do their roles.

An information leaflet task

Choose one of the below

Research the government recommendations for the below lifestyle factors and produce and educational information leaflet;

- **Alcohol units**
- **Exercise**
- **Hydration**
- **Nutritional diet**
- **Sleep**
- **Smoking**
- **Prescription and illegal drugs**

Research different techniques to manage stress, worries and anxieties and produce an educational leaflet;

- **Grounding**
- **Breathing exercises**
- **Me time and saying no**
- **Meditation**
- **Avoid unhealthy habits**

Health and Social Care in the Media



It is important to have a ***broad understanding*** of health care and social issues which affect services and professionals working for the NHS. One way of raising your awareness is to ***prepare you before your course*** starts with summer learning using different forms of media.

Your task is to pick…

➢ 2 Films

➢ 1 Book

➢ 2 Documentaries

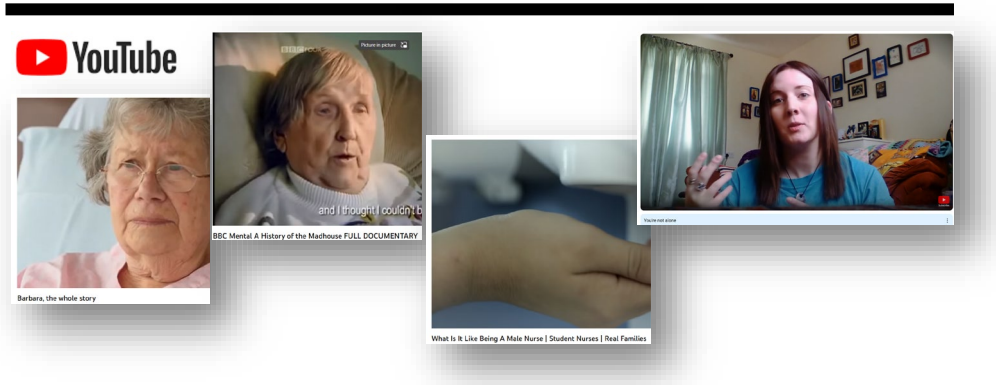
You are then tasked with writing a report which is to be a minimum of half an A4 page with the following title: **'Discuss the issues** *[in the film/book or documentary]* **and impact on health care provision'**

You should watch or read using examples on the previous slides or another media resource relevant to your learning.

Consider the following:

- What issues, if any, are being raised in the stimulus? E.g. dementia
- How does the stimulus present health? E.g. care for people with dementia
- Explain why the topic of the media source is relevant to your learning and whether you think it is helpful and why?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read



- What does it mean when people talk about being 'on the front line'?

- What does it mean when people talk about multidisciplinary teamwork?

- Choose a professional from the following:

Midwife ***Paramedic*** ***Paediatric nurse***

Nutritionist ***Physiotherapist***

- *You could choose your own idea from health and social care roles if you prefer.*

Create a fact file for your chosen job role

- You could include:

- A day in the life of……
- General roles and responsibilities
- Routes into the role/ qualifications required
- Skills & qualities
- Average pay
- Where they work
- Who they work with
- And anything else you think may be suitable



Resources > https://www.tes.com/teaching-resources/shop/HSCResources

- What does it mean when people talk about being ‘on the front line’?

- What does it mean when people talk about multidisciplinary teamwork?

Task: Health Job Roles



- Chose a professional from the following:

Midwife ***Paramedic***

Paediatric nurse ***Nutritionist*** ***Physiotherapist***

- *You could choose your own idea from health and social care roles if you prefer.*

Create a fact file for your chosen job role

- You could include:
  - A day in the life of……
  - General roles and responsibilities
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